



Loop



SMALL GROUP LEADER GUIDE

Week 1: *Outside the Zone*
Outside the Zone

Big Question

Are you willing to get uncomfortable?

The Verse

Deuteronomy 31:6 NLT

“So be strong and courageous! Do not be afraid and do not panic before them. For the LORD your God will personally go ahead of you. He will neither fail you, nor abandon you.”

Order of Experience

Countdown/Hang Out
Icebreaker in Small Groups
Emcee Welcome
Worship
Emcee Transition to Message
Message/Salvation
Offering
Announcements
Activity/Small Group
Small Group Discussion
Check Out

Small Group Discussion

YouVersion Bible Plan

Make sure students check out the Bible Plan associated with this week:

What Courage Looks Like

Icebreaker Question

When you want to get comfortable and cozy, what things do you have to have? (*i.e. cozy pjs, blankets, hot chocolate, etc.*)

Choose questions for your small group.

1. What was your favorite part of the message today? What's one thing you learned?
2. What is a comfort zone? (*Safe choices, not taking risks, a predictable environment, etc.*)
3. What are some things that are outside of your comfort zone? What kinds of things might get you to leave your comfort zone?
4. Have you ever stepped outside of your comfort zone? How did you do it?
5. We talked about how courage isn't the absence of fear but doing what you're afraid of even when you're scared. Have you ever done something courageous—even while you were terrified? What happened?
6. Read **Deuteronomy 31:6 NLT**. According to that verse, what are some reasons we can have courage?
7. **Take action.** Courage doesn't have to be a huge step into the unknown—you can have courage every day. What are some new things—baby steps—you can try to get outside your comfort zone and be courageous? (*Saying hi to someone at school, making a phone call, answering a question in class, etc.*)
8. Take prayer requests and pray together.

Leader Notes/Announcements

*Promote **Swerve** to your 6th grade students.

*Invite your 6th grade students to **Switch** on Wednesday nights at 6:30pm.

*Tell your students about the **YouVersion Bible Plan**, and encourage them to complete it together as a group or with their families using Plans with Friends.