



Loop



ACTIVITY GUIDE

Scary Stuff

Week 1: Scary Stages

Not-So-Scary Drawing

This speedy activity illustrates the idea of helping others as quickly as possible.

Activity Objective

Draw a fear you used to have, and talk about how God led you through it.

You'll Need

- Stick Tack (1 package per room)
- 10-foot strip of butcher paper (1 per experience)
- Markers (1 set per group)

Instructions

Note: This activity will be done in one group. Choose one leader (it could be your emcee) to lead the room through this activity.

1. **Clear** a large area in your room.
2. **Spread** butcher paper on the floor in the space you made.
3. Students **gather** around the butcher paper.

Say: Think about something you *used* to be afraid of, but aren't anymore. When you're done thinking, I want you to write it or draw it on this paper.

4. Give students about **5 minutes** to **draw or write** what they used to be afraid of on the paper.
5. *When students finish, hang butcher paper somewhere in your room using stick tack provided.

Say: Okay, does anyone want to share what they wrote or drew about that you used to be afraid of?

6. When a student responds, **ask** them how they stopped fearing the thing they wrote about.

Ask: It's pretty awesome that God can help us get over the things we fear. Sometimes He will remove a fear completely and miraculously! Sometimes, He teaches us how to give Him our fears. And sometimes we just outgrow fears with His help. But I have a big question.

Does anyone see something up here that you're actually still afraid of? It's okay—you can be honest.

7. As students respond, **ask** them how they think they can get through their fears.

Say: You might see something up here that you're actually still pretty creeped out by! And that's okay. Isn't it cool to realize the very thing you're actually afraid of is something God has already helped someone else to stop fearing? Know this: **God will always provide a way through your fears so you'll always be able to face them with His help.**

**If there is room at your campus, you may choose to leave the paper from your experience hanging on the wall so students in other experiences will get to see it, too. It can help create an atmosphere of curiosity about what those papers mean! If there are other papers hanging at your experience, you can reference them as your room talks together.*