



Loop



SMALL GROUP LEADER GUIDE

Scary Stuff

Week 2: Scary Futures

Big Question

What is something you're worried about? How can you find peace in that situation?

The Verse

Psalm 55:22 NIV

Cast your cares on the LORD, and he will sustain you; he will never let the righteous be shaken

Order of Experience

Countdown/Hang Out
Icebreaker in Small Groups
Emcee Welcome
Worship
Emcee Transition to Message
Message/Salvation
Offering
Announcements
Activity/Small Group
Small Group Discussion
Check Out

Small Group Discussion

YouVersion Bible Plan

Make sure students check out the Bible Plan associated with this series:

How to Stop Worrying

Icebreaker Question

What would you do if you woke up with two heads?

Choose questions for your small group.

1. What stood out to you the most from the message? What's one thing you learned?
2. Think about the phrase, "What if?" We often ask ourselves "what if" questions: What if I fail? What if tomorrow is a disaster? What if nobody really likes me? How can we stop asking ourselves those questions? *Ideas: Try thinking, "What if things go right?" Remember that God is strong enough to walk you through your problems, etc.*
3. Worry is living with a "this might happen" attitude instead of a "God is mightier" attitude. How do you think it feels to trust God more than you worry? How does it feel to worry more than you trust God? How can you give your worries to God?
4. What do you tend to worry about? Why do you worry about it? *Be respectful of individual fears.*
5. In **Psalm 55:22**, it tells us when we give God our worries, He will "sustain" us. What does this mean to you?
6. Pray together. Pray that your students will put their worries in God's hands. Help them see they can accomplish anything in the future and can stop the "what if" statements once and for all.

Leader Notes/Announcements

- *Promote **Swerve** to your 6th grade students.
- *Encourage 6th grade students to come to Switch with a friend when it begins later this month.
- *Tell your students about the **YouVersion Bible Plan** and encourage them to complete it together as a group or with their families using Plans with Friends.