



## ACTIVITY GUIDE

Scary Stuff

Week 3: Scary Stoms

### Spiders Vs. Worms

A fun way to let kids face their fears.

### Activity Objective

Be the first to find the spider in the jar of worms—or the worm in the jar of spiders!

### You'll Need

- Container of fake worms (1 per room)
- Container of fake spiders (1 per room)
- Bandanas (2 per room)

## Instructions

**Note 1:** Keep the containers of spiders and worms hidden until it's time to begin this activity. Pro tip: Behind the tech booth usually works well!

**Note 2:** This game will be played as one group. Choose a leader (it could be your emcee) to lead through this game.

1. Before the activity begins, discreetly **bury** one spider in the jar of worms, and one worm in the jar of spiders. Try not to let students see!
2. **Place** a table toward the front of your room, making sure there is space around it for two students to stand.
3. **Choose** two student volunteers. Tell your students you're looking for two *brave* volunteers!
4. **Blindfold** the two student volunteers.
5. Bring out the jars. **Act like they're real!** Get the students who are watching to play along with you!
6. Place blindfolded students' hands on the outside of the jar in front of them.

**Say:** This is so gross, isn't it everyone? NO PEEKING, brave volunteers! You're now holding—a **jar of spiders or a jar of worms!** Inside the jar of spiders, there is one worm. And inside the jar of worms, there's one spider. You have to open your jar, reach in, and find the lone spider or the lone worm. Whoever finds their spider or worm first wins! Ready? Go!

7. Students **race** to find their spider or worm.

**Note:** If a student is so afraid they peek, it's okay! They'll probably be able to feel that they're touching fake worms or spiders anyway. Just tell them they can't peek anymore and they have to hunt for their spider or worm.

8. **Cheer** for the student who wins, **remove** students' blindfolds, and be sure to **return** the spider to the spider container and the worm to the worm container.
9. **Ask** students a few questions and allow students to respond.
  - How scared were you when you thought you were going to put your hand in a jar of spiders (or worms)?
  - How'd you feel when you figured out they were fake?
  - Do you think you'd be okay right now even if the worms and spiders were real?

**Say:** Even when we think something is going to be really, really awful—it can turn out to be less awful than we thought. And! Even if something worse than touching a jar of spiders happens, God is still with you, helping you right in the middle of your fear.

10. If time allows, choose new students to play for speed rounds!