



# Loop



## SMALL GROUP LEADER GUIDE

Scary Stuff

Week 3: Scary Storms

### Big Question

When you suddenly find yourself in a scary situation, what do you do?

### The Verse

**Psalm 55:22 NIV**

*Cast your cares on the LORD, and he will sustain you; he will never let the righteous be shaken.*

### Order of Experience

Countdown/Hang Out

Icebreaker in Small Groups

Emcee Welcome

Worship

Emcee Transition to Message

Message/Salvation

Offering

Announcements

Activity/Small Group

Small Group Discussion

Check Out

## Small Group Discussion

### YouVersion Bible Plan

Make sure students check out the Bible Plan associated with this series:

***How to Stop Worrying***

### Icebreaker Question

What kind of storm is scariest to you?

### Choose questions for your small group.

1. What stood out to you the most from the message? What's one thing you learned?
2. Have you ever had a situation where you were really scared? Were you nervous something bad was going to happen? What did you feel like in that situation? *Remind them of God's promise to protect.*
3. When you're scared, are you more of a "fight" or "flight" person? How can you change from running away to running toward God? How can you change from fighting fear to conquering it?
4. In **Psalm 55:22 NIV**, it tells us when we give God our worries, we will not be "shaken." What does this look like?
5. What can you do when you're feeling panicked and need to calm down? *Ideas: Take a walk, go outside, pray, take a deep breath, listen to calming music, sing to God, read your Bible, memorize a Bible verse about God's mighty power and remember how much He loves you, draw, write, talk to a friend, etc.*
6. Pray together. Pray that your students see God's consistency throughout their lives. Pray they turn to God with their worries and fears and trust Him above all else.

### Leader Notes/Announcements

\*Promote **Swerve** to your 6<sup>th</sup> grade students.

\*Encourage 6<sup>th</sup> grade students to come to Switch with a friend when it begins later this month.

\*Tell your students about the **YouVersion Bible Plan** and encourage them to complete it together as a group or with their families using Plans With Friends.