



Loop



SMALL GROUP LEADER GUIDE

Scary Stuff

Week 3: Scary Storms

Big Question

When you suddenly find yourself in a scary situation, what do you do?

The Verse

Psalm 55:22 NIV

Cast your cares on the LORD, and he will sustain you; he will never let the righteous be shaken.

Order of Experience

Countdown/Hang Out
Icebreaker in Small Groups
Emcee Welcome
Worship
Emcee Transition to Message
Message/Salvation
Offering
Announcements
Activity/Small Group
Small Group Discussion
Check Out

Small Group Discussion

YouVersion Bible Plan

Make sure students check out the Bible Plan associated with this series:

How to Stop Worrying

Icebreaker Question

What kind of storm is scariest to you?

Choose questions for your small group.

1. What stood out to you the most from the message? What's one thing you learned?
2. Have you ever had a situation where you were really scared? Were you nervous something bad was going to happen? What did you feel like in that situation?
Remind them of God's promise to protect.
3. When you're scared, are you more of a "fight" or "flight" person? How can you change from running away to running toward God? How can you change from fighting fear to conquering it?
4. In **Psalm 55:22 NIV**, it tells us when we give God our worries, we will not be "shaken." What does this look like?
5. What can you do when you're feeling panicked and need to calm down? *Ideas: Take a walk, go outside, pray, take a deep breath, listen to calming music, sing to God, read your Bible, memorize a Bible verse about God's mighty power and remember how much He loves you, draw, write, talk to a friend, etc.*
6. Pray together. Pray that your students see God's consistency throughout their lives. Pray they turn to God with their worries and fears and trust Him above all else.

Leader Notes/Announcements

- *Promote **Swerve** to your 6th grade students.
- *Encourage 6th grade students to come to Switch with a friend when it begins later this month.
- *Tell your students about the **YouVersion Bible Plan** and encourage them to complete it together as a group or with their families using Plans With Friends.