



Loop



ACTIVITY GUIDE

Survival Skills
Week 2: Retreat

Silence Is Golden

A fun game to show that you don't always need noise to learn something.

Activity Objective

Figure out who the motion leader is.

You'll Need

- No additional materials needed

Instructions

1. **Note 1:** If your experience is small, you can play as one combined group.
2. **Note 2:** *The Loop Show video portion of today's experience is a bit longer than usual. Today's activity time will be more brief than usual in order to give you enough time for small group discussion.*
3. Group **sits** in a circle.
4. **Choose** one student to be the guesser and have them turn around and close their eyes.
5. **Choose someone** (it can even be you) to be the motion leader—but do it quietly to make sure the student you chose to be the guesser doesn't hear.
6. Guesser **turns back around** and rejoins their spot in the circle.
7. **Group begins** game by all tapping their hands on their lap together, in rhythm. (The guesser should play, too.)
8. Group should try not to look directly at the leader too much to make it harder for the guesser.
9. When the leader is ready, they **do a new rhythmic motion** of their choice such as clapping, snapping, patting their head, tapping their elbow, etc.
10. **Group copies** leader's motion as quickly as possible.
11. **Repeat** steps 9-10 until the guesser correctly says who the leader is.
12. The guesser may guess anytime—and may keep guessing up to **three times**. If they haven't correctly picked the leader by their third guess, reset the game with a new guesser and a new leader.
13. **Reset** the game and repeat as time allows. But remember: *Activity time might need to be a bit briefer than usual this week.*