



Loop



ACTIVITY GUIDE

Survival Skills

Week 4: Friction-Based Fire Starting

Survival Skills Quiz

A fun way for students to find out which is their strongest spiritual survival skill.

Activity Objective

Honestly answer the quiz to find out which is your strongest spiritual survival skill—and which ones you can work on improving.

You'll Need

- Spiritual Disciplines activity sheet (1 per group)
- Set of markers (1 per group)

Instructions

1. **Give** each student the Spiritual Disciplines activity sheet (Survival Skills Quiz).
2. Students use markers provided to take the self-evaluation quiz.
3. When students are done evaluating, they fill in their total for each section.
4. **If time allows**, and any students would like to **share**, they can talk about which is their strongest spiritual survival skill—or which is the one they want to strengthen the most.

Note: Do not force students to share if they're shy about it. You can share which ones you feel are your strongest or your weakest, too.
5. If you have **extra time**, go over the follow-up questions located in the key at the bottom of the sheet.
 - Help students identify either how they can help others develop their strong skills, who they can look to for encouragement for their budding skills, or who they can look to for leadership to develop a skill that's not quite there yet.
6. Students **take** the evaluation home. Encourage them to review it with their friends and parents.