



Loop



ACTIVITY GUIDE

Drama (And How to Deal)
Week 1: Friend Drama

Talk, Text, Turn

A fun way to show students different ways of handling friendship drama.

Activity Objective

See how many times your entire group can perform the same hand gesture in a rock, paper, scissors style of game.

You'll Need

- No additional materials needed

Instructions

Note: If your experience is small, you can make mini groups of 2 or 3, combining students and leaders to compete against one another.

Say: First, we're going to learn three hand gestures that represent three ways we can handle friend drama. **Talking** to a person, face-to-face and working it out is the first step. Or, you could **text** or write a note to someone if you can't talk right away. And, of course, you can **turn** a new page in your friendship by forgiving one another and moving on. Then, we'll play a game to see how often we can randomly choose to do the same gesture.

1. **Quickly teach** students the three one-handed gestures.
 - **Talk** (talking things out face to face): Make a puppet hand by touching your fingers to your thumb.
 - **Text** (texting or writing things out when you can't be together): Pretend to hold a phone and text with your thumb.
 - **Turn** (turn a new page in your friendship by forgiving one another): Turn your index finger in a circle.
2. You will say, "**One, two, three, drama!**"
3. Everyone pumps fists when you say "one, two, three" and makes either a "talk, text, or turn" gesture when you say "drama." (Similar to how you play rock, paper, scissors.)
4. If everyone happens to do the same gesture, your group gets a point! Continue to the next round by repeating steps 2 and 3.
5. If different gestures are shown, everyone immediately begins a new round by repeating steps 2 and 3.
6. When activity time is up, celebrate with the group who had the most points by giving them a huge round of applause!