



Loop



ACTIVITY GUIDE

Proverbs

Week 1: The Path of Proverbs

Find the Path!

A fun way to show students that it's important to listen to wise leaders when you're choosing which path to take in life.

Activity Objective

Be the first group to successfully lead your group's volunteer from one side of the room to the next without letting them step on any "sticky bombs."

You'll Need

- Floor circles (1 set per room)
- Blindfolds (2 per room)

Instructions

1. **Divide** your room into two teams.
2. **Note:** If your experience is small, you can play as one team.
3. **Move** Team 1 to one end of your room.
4. **Move** Team 2 to the opposite end of your room.
5. **Choose** one volunteer from each team.
6. **Clear** a path if needed so that there is a way to walk from one side of the room to the other without having to crawl over furniture!
7. **Quickly scatter** floor circles on the cleared path. Use as many as you need to make them likely to be stepped on, but don't completely fill the path.
8. **Blindfold** each volunteer.
9. **Say:** Okay, volunteers, when I say, "Go!" you have to try to walk across the room and touch the opposite wall without stepping on any of these circles. They're sticky bombs! If you step on one, you have to freeze for 5 seconds. Listen to your team, because they'll help you avoid the sticky bombs! The first person across is the winning team.
10. **Say:** On your mark, get set, go!
11. Blindfolded volunteers try to walk across the room without stepping on any of the floor circles.
12. Team members shout instructions to the blindfolded volunteer like: Step left; Take one big step; Move to the right; etc.
13. Pay attention to when a person steps on a "sticky bomb," and tell them to freeze for 5 seconds.
14. Celebrate the team that got their volunteer across the room the fastest!
15. If time allows, choose new volunteers and play again.