



Loop



ACTIVITY GUIDE

Proverbs

Week 2: The Patience Proverb

Patience Practice

Have fun showing students how life can be easier when we follow wise instructions carefully and patiently instead of rushing in.

Activity Objective

Follow the instruction sheet—precisely.

You'll Need

- Patience Practice activity sheet (2 per group)
- HALT magnet (1 per student)
- Pen or pencil (2 per group)

Instructions

1. **Say:** Sometimes, there are just so many details to follow when following instructions. It really takes a lot of patience for sure. This worksheet will show you exactly what I mean.
2. **Divide** group into two teams.
3. **Give** each group something to write with (even though they technically don't need it!) and the Patience Practice activity sheet. *Tell them to keep the sheet flipped over until you tell them to start.*
4. **Say:** When I say, "Go," you'll flip this sheet over and follow the directions as closely as you can. The first team to finish will be the winners! Ready? Go!
5. Groups **flip** page and **complete** worksheet challenge.
6. **Note:** Teams *should* quietly read the whole page first, then do nothing! They *should not* actually do the activities because the first instruction says they're supposed to *read all the instructions first*—and the last instruction they're supposed to read says to ignore all the other instructions!
7. **Celebrate** with any teams that make it through the sheet the way they were supposed to!
8. Have a good laugh (no shaming, of course!) with teams who did all the meaningless instructions before they realized they didn't follow the very first instruction!
9. **Say:** See? Sometimes following instructions requires patience. When we rush in, thinking that's the best way to win at life, we can make careless mistakes that put us through a lot of unnecessary stuff!