



Loop



ACTIVITY GUIDE

Proverbs

Week 3: The Plenty Proverb

Beach Ball Bonanza

A tangible way to show that more isn't always better.

Activity Objective

See if you can play with 10 beachballs at once.

You'll Need

- Beach balls (10 per room)
- Large garbage bags as needed (2-4 per room)

Instructions

Note: Make sure all 10 beach balls are inflated before your experience begins. Store them in the garbage bags provided.

Additional note: This game will be played in one group. The emcee may be a good person to lead the whole thing.

1. **Take** one beach ball out of the bag and hold it while you talk.
2. **Say:** You know what's fun to play with? Beach balls! They're bouncy, they're fun, they make us think of fun summer days spent by the water. Who wants to come up front and show everyone how fun it is to play with a beach ball?
3. **Choose** one volunteer to come up front and play with the beach ball. (*If students are being shy, it can be another leader.*)
4. Have the volunteer bounce the ball, toss it in the air and catch it, volley it lightly, etc.
5. **Say:** But you know what's more fun than a beach ball? TWO beach balls!
6. **Give** the volunteer a second beach ball. Tell them to make sure they don't drop them. Have them play with them together for a moment.
7. **Say:** You know what's even more fun than two beach balls? LOTS of beach balls! Let's do an experiment to see if we can get [our volunteer's name] to play with TEN BEACHBALLS AT ONCE! Because MORE is always better, right?
8. Continue **adding** beach balls to the volunteer's arms. See how many they can hold at once. Tell them they can't drop any balls.
9. Ask the volunteer if they're having fun with all 10 beach balls. Remind them they can't drop any. Tell them to keep trying to hold them all.
10. **Say:** I guess more isn't always better. This is actually kind of stressful. Nobody would choose to hold 10 beach balls all the time because it's too difficult! But, since we've got them all here—let's see if anyone else can meet the 10-beach-ball-hold challenge!
11. **Choose** new volunteers who would like to try to somehow balance/hold 10 beach balls.
12. **Continue** the beach ball challenge with new volunteers as long as time allows.
13. **Return** beach balls to garbage bags to store them.