



Loop



SMALL GROUP LEADER GUIDE

Mind Control

Week 1: Control Your Attitude

Icebreaker Question

What would you hate to see on a float in a parade?

The Verse

Philippians 4:8 NIV

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Order of Experience

Countdown/Hang Out

Icebreaker in Small Groups

Emcee Welcome

Worship

Emcee Transition to Message

Message/Salvation

Offering

Announcements

Activity/Small Group

Small Group Discussion

Check Out

Small Group Discussion

YouVersion Bible Plan

Make sure students check out the Bible Plan associated with this series:

Think About the Things You Think About

Big Question

When is it hard to have a positive attitude?

Choose questions for your small group.

1. What stood out to you the most from the message? What's one thing you learned?
2. Have you ever been in a bad mood? What's the type of thing that usually puts you in a bad mood?
3. Why do you think it's hard for people to control their thoughts? What would make it easier?
4. What's your answer to today's Big Question? *(Printed above)*
5. Read **Philippians 4:8 NIV**. How can this verse help you when you get in a bad mood?
6. Think about a time when you were thinking thoughts that were angry, jealous, complaining, overly sarcastic, self-pitying, and the like. How did you stop those thoughts? How can you do better at stopping them faster the next time they try to take over your mind? *Examples: Don't spend time focusing on negative or sinful thoughts; focus on things you're grateful for; write down some things you can praise God for even in the middle of a tough situation; etc.*
7. Pray together. Pray that your students would be able to use their minds to focus on what God wants them to think about. Pray that they would begin to have the mind of Christ, not a mind of complaining, anger, fear, or other sinful or negative thoughts.

Leader Notes/Announcements

*Promote **Swerve** to your 6th grade students.

*Tell your students about the **YouVersion Bible Plan** and encourage them to complete it together as a group or with their families using Plans with Friends.