

MIDDLE SCHOOL CATALOG

THIS IS



TAP TO
CONTINUE

>>>

THE WAY

TO WALK THIS WAY

KNOWING & WALKING IN
TRUTH WITH THE HOLY SPIRIT

THIS IS THE WAY: TO WALK THIS WAY

Jesus is the way, the truth, and the life. Knowing truth is one thing. But the Bible says to be “doers” of the Word, not just hearers.

When we act on the truth we know, it changes things. It changes us, and it changes our world. So let’s learn how “to walk this way” in truth so God’s Word flows out of our hearts and into our lives.

SERIES VERSES

“Then you will know the truth, and the truth will set you free.” John 8:32

“But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come.” John 16:13

“Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, ‘This is the way; walk in it.’” Isaiah 30:21

THE FAITH-FULL TRUTH



Discussion Goal: To understand how spiritual disciplines can fill us with truth.

START TALKING (CONVERSATION STARTER)

- If the Bible could send you a daily text message, what would today's message be? (e.g., It could be to encourage you, challenge you, remind you of something, etc.)

WATCH IT TOGETHER



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THINK IT THROUGH (AND TALK IT OUT)

LEADER TIP

Choose questions that resonate with your group's age, experiences, and current understanding. There's no pressure to cover all the questions — pick the ones that fit your group the best.

- 01** What are spiritual disciplines? (e.g., prayer, Bible reading/scripture memorization, fasting, etc.) How can practicing a spiritual discipline help you grow closer to God?
 - Who are some people in the Bible who practiced spiritual disciplines? What did they do? (e.g., Daniel prayed, fasted, and studied scripture, pleading with God for his people. (Daniel 9:1-6) Moses worshipped God. (Exodus 34:8) Jesus fasted and prayed. (Matthew 4:2 and 14:23)
- 02** Read [Hebrews 4:12](#). God's word is alive and active — it's easy to think the Bible is just an old book that's not helpful today, but when put what we read into action, God's Word can cut through everything (e.g., doubt, fear, anxiety, etc.) to show us the truth of who we are and are not. What are some things you struggle with that might keep you from seeing God's truth?
 - How can reading God's Word help you push past those struggles to walk in His truth?
- 03** Read [2 Kings 22:11-13](#). When King Josiah heard the truth of God's Word, it changed him. Through the discipline of prayer and hard work, he changed the course of a nation. What are some ways God's Word can change a person's life? How have you seen God's Word impact your life or the life of someone you know?

PRAY

God, thank You for Your Word and truth. Help us grow closer to You by spending time with You daily. In Jesus' name, amen.

ADDITIONAL QUESTIONS

- 01** Read [Joshua 1:8](#). If you make it a habit to spend time in prayer and God's Word, what are some ways it could change your life? (Leader tip: Challenge your group to memorize one – or both – of the series verses.)
- 02** Are some spiritual disciplines more important than others? Why or why not? (Leader tip: There is no spiritual discipline more important than another. This is just a great way to help youth develop critical thinking skills.)
- 03** What's one spiritual discipline you want to focus on this week? Why?

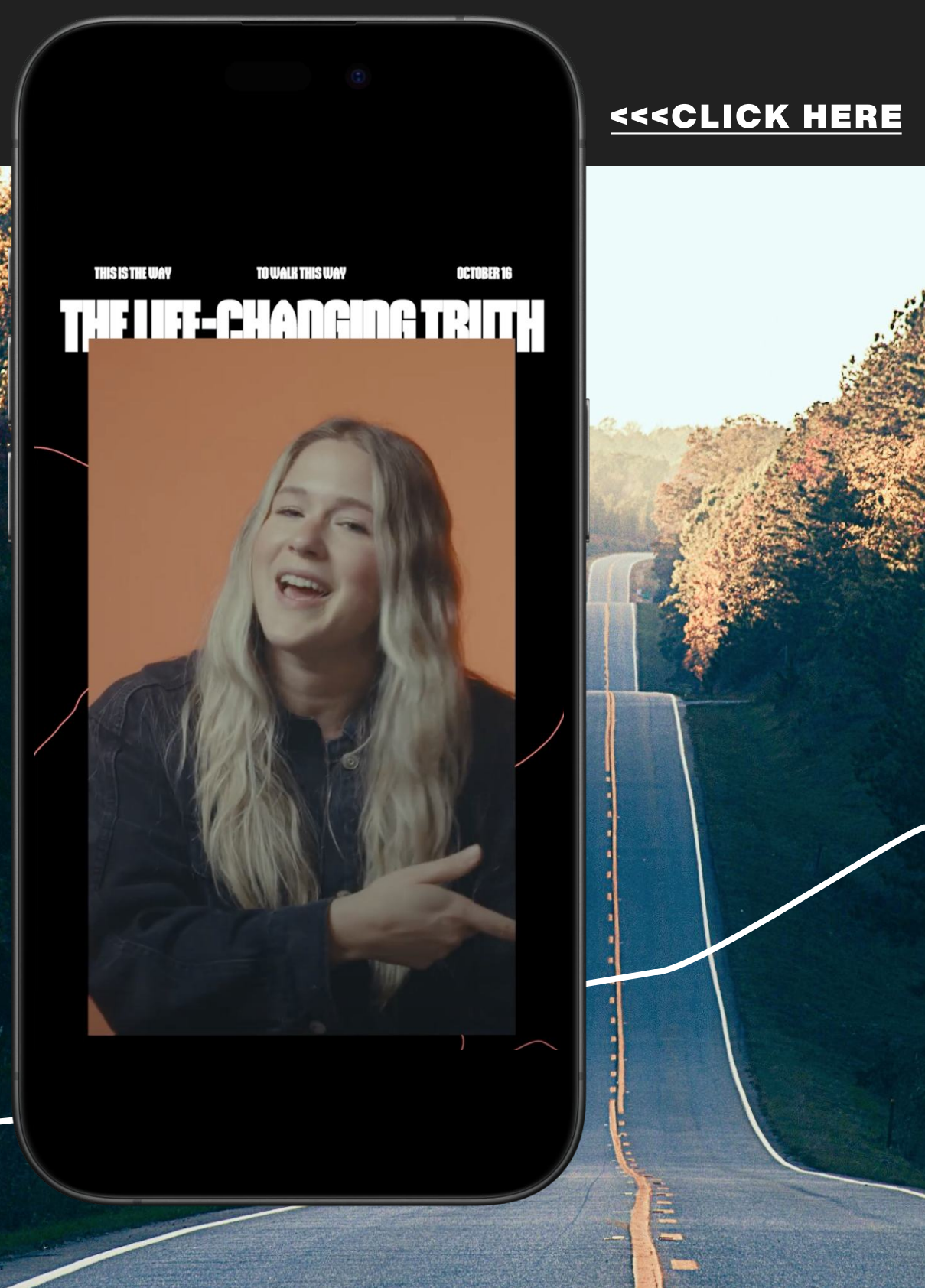
THE LIFE-CHANGING TRUTH



Discussion Goal: To understand what it looks like to apply truth to the world.

START TALKING (CONVERSATION STARTER)

- Imagine someone gives you a map to buried treasure, but you just hang it on your wall and never use it. A friend finds your map and uses it to find the treasure. How would you respond?



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WATCH IT TOGETHER

THINK IT THROUGH (AND TALK IT OUT)

LEADER TIP

The goal of group discussion is for youth to talk about God, ask and wrestle with questions, and grow and own their faith. If your group time is super short or busy, at least make sure to discuss the questions below. Additional questions are also listed.

- 01** Think about a time someone gave you advice, but you didn't listen. [Read James 1:22-25](#). What does this passage teach us about not just hearing good advice but actually applying it in our lives?
- 02** Read [2 Kings 23:4-6](#). King Josiah realized that knowing what was right wasn't enough — he had to apply what he knew to help his people. In your own life, when have you known the right thing but had trouble applying it? What steps can you take to apply what you know is right, even when it's challenging?
- 03** King Josiah didn't wait for others to make changes — he led the way. How can you be an example to your friends or family by living out what you know is right? What impact do you think it could have on those around you?

PRAY

God, help us to not only know what is right but to have the courage to live it out every day. In Jesus' name, amen.

ADDITIONAL QUESTIONS

- 01** [Read James 2:20](#). In what areas of your life — at home, school, or church — do you think you need to take more action to live out your faith instead of just learning or talking about it?
- 02** Sometimes, the world tells us to live in a way that's different from God's way. Can you think of a time when you felt pressured to follow what others were doing but knew God was calling you to something else?
- 03** We grow stronger in our faith when we apply God's truth to our choices. What's one decision you can make this week that shows you're letting God's truth guide you instead of what others say?