

HIGH SCHOOL CATALOG

THIS IS



**TAP TO
CONTINUE**

>>>

THE WAY

TO WALK THIS WAY

**KNOWING & WALKING IN
TRUTH WITH THE HOLY SPIRIT**

THIS IS THE WAY: TO WALK THIS WAY

Jesus is the way, the truth, and the life. Knowing truth is one thing. But the Bible says to be “doers” of the Word, not just hearers.

When we act on the truth we know, it changes things. It changes us, and it changes our world. So let’s learn how “to walk this way” in truth so God’s Word flows out of our hearts and into our lives.

SERIES VERSES

“Then you will know the truth, and the truth will set you free.” John 8:32

“But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come.” John 16:13

“Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, ‘This is the way; walk in it.’” Isaiah 30:21

THE FAITH-FULL TRUTH



Discussion Goal: To understand how spiritual disciplines can fill us with truth.

START TALKING (CONVERSATION STARTER)

- If you were going to become the king or queen of a nation, at what age do you think you'd be ready to accept that responsibility? Why?
- When do you (or your parents) fill up your gas tank? When it's almost empty? When it gets around a quarter of a tank? When it's less than half a tank?

WATCH IT TOGETHER



[CLICK HERE>>>](#)

THINK IT THROUGH (AND TALK IT OUT)

LEADER TIP

The goal of group discussion is for youth to talk about God, ask and wrestle with questions, and grow and own their faith. If your group time is super short or busy, at least make sure to discuss the questions below. Additional questions are also listed.

- 01** What's a truth from God's Word that has changed you? Was it easy or hard to live out that truth?
- 02** Read Hebrews 4:12 in the [NIV translation](#), the [CSB translation](#), and the [NLT translation](#). How would you explain what "the word of God is alive and active" means to a friend asking questions about it?
 - How can acting on the truth we know — the truth in God's Word — change us?
- 03** Have the group share what they know about spiritual disciplines.
 - Have you ever practiced a spiritual discipline? Which one? Did it change you in any way? Did it help you grow in your faith?
 - Read what the Bible says about each discipline, and discuss how each one can help you be filled with God's truth and grow closer to Him.
 - Bible Reading – [Joshua 1:8](#), [2 Timothy 3:16](#)
 - Prayer – [Colossians 4:2](#), [Philippians 4:6](#)
 - Fasting and Worship – [Acts 13:1-3](#), [Esther 4:12-16](#), [Romans 12:1](#)
 - Fellowship – [Hebrews 10:24-25](#), [1 John 1:6](#)

PRAY

God, thank You for giving us the Bible. We don't just want to know what Your Word says; we want to do what it says. Help us as we allow Your truth to change us, and give us the courage to live it out. Guide us, fill us, and grow us. We want to live for You. We love You. Amen.

ADDITIONAL QUESTIONS

- 01** Read [2 Kings 22:11-13](#). How did God's Word change King Josiah?
 - King Josiah immediately acted when he heard God's truth. Is there an area where you are ignoring or not acting on God's truth? Why?
- 02** Are some spiritual disciplines more important than others? (*Leader Tip: There is no spiritual discipline more important than another. This is just a great way to help youth develop critical thinking skills.*)
- 03** What's a truth from the Bible you want to start living out? What's a step you can take to begin this week?
- 04** Memorizing God's Word is one way to know God's truth so we can walk in it and apply truth. Challenge your group to memorize [John 16:13](#) and/or [Isaiah 30:21](#), our Fall Catalog memory verses. Play a memory verse game such as "Open and Close" or "Wrong Word" to start practicing with your eGroup.

WRONG WORD

Read the verse aloud, and replace one (or more) words with an incorrect word. Youth will listen carefully and try to identify the words that have been changed.

OPEN AND CLOSE

The first youth to find the verse in their Bible and read it out gets a point. Have everyone close their Bibles and play again. Whoever has the most points wins!

THE LIFE-CHANGING TRUTH



Discussion Goal: To understand what it looks like to apply truth to the world.

START TALKING (CONVERSATION STARTER)

- Play "Who's Telling The Truth?" Give everyone a slip of paper or index card. Have them write their name at the top and something about themselves that no one in the group knows. Collect the cards, and call three people to the center. Choose the card of ONE of the people in the center, and read the statement on the card aloud to the group. The three people in the center will take turns explaining the statement on the card — two of the people will have to make up a story about the statement. Then the group will vote to determine who they think is telling the truth about the statement read. Reveal the correct answer and play again!
- If you could visit any place in the world, where would it be?



WATCH IT TOGETHER

THINK IT THROUGH (AND TALK IT OUT)

LEADER TIP

The goal of group discussion is for youth to talk about God, ask and wrestle with questions, and grow and own their faith. If your group time is super short or busy, at least make sure to discuss the questions below. Additional questions are also listed.

- 01** Tonight, we are talking about applying truth to our world. What people, places, and topics make up your world? (*Leader Tip: Areas to help youth think about and discuss include, but are not limited to, friendships and dating relationships, family, social media, school, and finances.*)
- 02** Read [James 1:22-25](#) and [John 8:32](#). What happens when you don't live out the truth God has revealed and shown us through His Word?
 - What opposition (*e.g., thoughts, feelings, opinions of others, etc.*) might you experience when you start being a doer of the Word?
 - Is it worth it to obey God and live in truth? Why or why not?
- 03** Which of the following areas is it hardest to apply God's truth to: relationships (friendships and dating), family, social media, school, or finances? Why?
 - What can you do when you're struggling to apply truth to this area of your life?
 - Is there someone you can go to for godly advice, who can pray for you and encourage you?

PRAY

End your group time together with partner prayers. Have youth identify an area where they want to live out truth this week — relationships, family, social media, school, or finances. Have them find a partner who also wants to live out truth in that same area. Have them spend time talking and praying over each other.

End by praying for the group: God, thank You that Your truth sets us free. Be with us each moment this week, and guide us as we make the choice to follow You and Your truth. Help us encourage others with Your truth. We love You. Amen.

ADDITIONAL QUESTIONS

- 01** Read [2 Kings 23:1-7](#). How do you think the people might have responded to King Josiah removing the false gods from the people's lives? Do you think everyone agreed with or understood King Josiah's decision?
 - King Josiah applied truth to his world to turn the people back to God, even if not everyone agreed with him. Can you relate to the king's situation?
 - How can you let the voice of God be louder than all the other voices around you? (*e.g., have a group of friends you read the Bible with, ask your eGroup to prayer with you, talk to a friend or mentor, memorize scripture or write it on paper and post it in key places, etc.*)
- 02** Read [John 16:13](#) and [John 14:15-17](#). How can the Holy Spirit help you apply truth to your life?
- 03** Spend time in reflection and prayer. Give youth time to talk to God, asking Him to show them where He wants them to apply truth in their lives by living out what He says. Have them write down or share with the Group what He spoke to them.
- 04** Read [Numbers 13:26-33](#). Instead of believing what God said (that they would take possession of the land He promised), all but two spies believed what they saw with their eyes — the strength of their enemy. Where's an area in your life where you need to believe God's truth — what He has said — instead of what you see or feel?

BIBLE BITE

Dig into scripture with your eGroup!

Relationships: [1 Corinthians 7:2](#) and [2 Corinthians 6:14](#)

Family: [Exodus 10:12](#)

Social Media (Comparison): [2 Corinthians 10:12](#)

School (Conformity/Influence): [Proverbs 4:23](#) and [Romans 12:2](#)

Finances: [Psalms 37:21](#), [Proverbs 6:6-8](#), and [1 Timothy 6:10](#)

BIBLE BITE

Who are these other gods and people mentioned?

Baal (V4) — The Canaanite god of fertility, vegetation, and storms

Asherah (V4) — A Babylonian-Canaanite goddess of fertility

The starry hosts (V4) and sun and moon (V5) — This refers to stars, planets, the sun, and the moon, which people worshiped instead of the one true God.

Male Shrine Prostitutes — Near the temple were apartments in which men who worshiped idols prostituted their bodies to each other. They committed these sins to honor the idols they worshiped.

Judah had become a nation that did not worship and follow the Lord, but also worshiped other gods. In [Exodus 20](#), the Lord specifically told the people not to worship other false gods.

LEADER TIP

Watch Pastor Steven's "Reverse the Ripple" sermon again to be reminded of the power of God's promises and the importance of putting His name on our situations.

[Click here to watch on YouTube!](#)